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## SALADS

Add grilled chicken 6, grilled salmon 10

### Caesar

Romaine, toasted focaccia croutons, parmesan + creamy Caesar dressing 13

• Our dressing is egg-free

### Lilly's Baby Greens

Mixed baby greens, sun-dried fruit, candied pecans, goat cheese + creamy balsamic vinaigrette 14

### Mediterranean

Baby spinach, seedless cucumber, tomato, red onion, kalamata olives, stuffed grape leaves, chickpeas, artichoke hearts, feta and balsamic vinaigrette. Served w/ roasted red pepper hummus and grilled pita 15

### Pasta

Tomato, basil + Mozzarella penne over Caesar salad topped w/ roasted red pepper + prosciutto ribbon 15

## GRAIN BOWLS

### Greens + Grains

Arugula dressed with honey lemon vinaigrette, quinoa, chickpea, tomato, cucumber, pickled red onion, feta cheese + green goddess drizzle 14

- Add grilled chicken 6, grilled salmon 10

### BBQ Pork

Smoked pulled pork, brown rice, creamy slaw, black bean, sweet potato, pickled red onion, Ranch + Carolina BBQ drizzle 16

### Chicken Tortilla

Baby greens, black bean salad, red onion, roasted tomato, sliced avocado, queso fresco, tortilla crisps, cilantro and chipotle ranch dressing 16

### Grilled Salmon

Steamed brown rice, tomato, pickled cucumber, carrot, avocado, cabbage, sesame, soy-ginger + chili aioli dressing 16

## **PRESSED PANINIS + SANDWICHES**

Served w/ bag of chips or dill pickle spear

### Laz's Fried Chicken

Breaded chicken cutlet layered w/ fresh mozzarella, garlic roasted tomato, spinach + vodka sauce on focaccia 14

### Tuna Salad

Albacore tuna salad, sautéed spinach, smoked bacon, cheddar cheese, tomato + honey mustard sauce on toasted multi-grain bread 14

\*also available as a wrap

### Turkey + Provolone

Sliced turkey breast, provolone, smoked bacon, tomato and honey mustard sauce on grilled brioche bread 14

### Grilled Veggie

Marinated grilled marinated veggies, goat cheese, arugula, pesto + balsamic vinaigrette reduction on grilled focaccia 13

\*also available as a wrap

### Pulled Pork

Smoked pulled pork, creamy slaw, pickled red onion + Carolina BBQ sauce on brioche 14

### Brie + Prosciutto

Prosciutto, Brie, arugula + honey mustard sauce on grilled brioche bread 14

### Ham + Cheese

Maple glazed ham, Brie cheese, fig jam, Granny Smith apple + baby arugula on French baguette 14

### Classic BLT

Smoked bacon, lettuce + tomato w/ herbed mayo on golden brioche bread 13

- Add egg salad 2

## **WRAPS**

- Served w/ bag of chips or dill pickle

- Your choice of honey wheat, spinach, plain or herb-garlic tortilla wrap

### Chicken Salad

Roasted chicken breast salad, walnuts, dried cranberries, baby arugula 14

### Chicken Caesar

Grilled chicken, romaine lettuce, Caesar dressing, goat cheese + smoked bacon 14.50

### Grilled Salmon

Cucumber ribbon, grilled salmon, artichoke hearts, baby spinach, creamy goat cheese + tzatziki sauce 16

### Turkey + Swiss

Romaine leaves, sliced turkey, alpine Swiss cheese cucumber, avocado + cranberry aioli 14.50

## **DAILY SOUP**

Bowl 8

## **COMBO**

½ Sandwich or Panini + Soup 15

Small Soup + Salad 15

## **TO-GO SOUP + SALADS**

Cup 5, Pint 9, Quart 18

Daily Soup

Chicken Tuna

Quinoa Pasta

Egg Mediterranean